

Fast Track Masters Challenge - 2/3/2013
JDL Fast Track, Winston-Salem, N.C.
Results - Age Grading: 1 Yr Indiv & 5 yr Multi

Event 1 Women 1600 Meter Race Walk

Name	Age Team	Finals	Age-Grading Points
Finals			
1 Shaver, Erika	W20 Unattached	7:04.27	
2 Bahr, Ali	W40 Parkside AC	7:47.82	
3 Springer, Deborah	W39 Unattached	9:44.07	
4 Heiser, Susan	W53 World Class	10:49.16	
5 Terry, Karen	W44 Raleigh Walkers	10:54.24	

Event 2 Men 1600 Meter Race Walk

Name	Age Team	Finals	Age-Grading Points
Finals			
1 Whatley, Ian	M53 World Class	7:10.15	
2 DeWitt, Mike	M62 Parkside AC	8:59.61	
3 Moore, Alan	M67 Atlanta Track Club	9:40.08	

Event 4 Men 4x800 Meter Relay

Team	Finals	Points
1 T.I.R.O 'A'	9:24.10	
1) Thompson, Jeff 45	2) Sherman, Paul 43	
3) Newsome, Nathan 41	4) Catton, Chris 28	

Event 5 Women 60 Meter Hurdles

Name	Age Team	Prelims	Age-Grading
Preliminaries			
1 Taylor, Latiffia	W30 Unattached	9.62q	9.63 79.94%
2 Richardson, Regina	W48 Atlanta Track Club	10.60q	8.88 86.60%
3 Lowery, Linda	W61 Atlanta Track Club	13.00q	9.84 78.15%
-- Hill, Venessa	W40 Unattached	NT	

Event 5 Women 60 Meter Hurdles

Name	Age Team	Finals	Age-Grading Points
Finals			
1 Taylor, Latiffia	W30 Unattached	9.64	9.65 79.77%
2 Richardson, Regina	W48 Atlanta Track Club	12.25	10.27 74.94%
3 Lowery, Linda	W61 Atlanta Track Club	12.95	9.81 78.46%
-- Hill, Venessa	W40 Unattached	DNF	

Event 6 Men 60 Meter Hurdles

Name	Age Team	Prelims	Age-Grading
Preliminaries			
1 Hadrick, John T	M55 Tnt International	9.05q	7.66 95.36%
2 Ransbury, Terry	M51 Hpc Elite	9.50q	8.19 89.16%
2 williamson, mark	M55 Unattached	9.50q	8.04 90.84%
4 Russ, Jim	M56 Unattached	9.70q	8.14 89.69%
5 Ruebel, Noel	M56 Unattached	10.11q	8.49 86.05%

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....Event 6 Men 60 Meter Hurdles

6 janusey, michael	M55 Unattached	10.30q	8.72	83.79%
7 Shannon, David	M55 Jdl Fast Tra	10.50q	8.89	82.19%

Event 6 Men 60 Meter Hurdles

Name	Age Team	Finals	Age-Grading	Points
Finals				
1 Ransbury, Terry	M51 Hpc Elite	9.52	8.21	88.97%
2 williamson, mark	M55 Unattached	9.71	8.22	88.88%
3 Russ, Jim	M56 Unattached	9.92	8.33	87.70%
4 janusey, michael	M55 Unattached	10.57	8.95	81.65%
-- Shannon, David	M55 Jdl Fast Tra	DNF		
-- Ruebel, Noel	M56 Unattached	DQ		

Event 7 Women 60 Meter Dash

Name	Age Team	Prelims	Age-Grading	Points
Preliminaries				
1 woodward, marie	W33 Atlanta Track Club	7.92q	7.93	87.37%
2 Taylor, Latiffia	W30 Unattached	8.24q	8.25	83.98%
3 Murphy, Toccata	W43 Carolinas Tr	8.29q	7.74	89.51%
4 Woodward, Loretta	W58 Atlanta Track Club	8.92q	7.13	97.09%
5 Richardson, Regina	W48 Atlanta Track Club	9.23q	8.16	84.83%
6 Robinson, Monica	W43 Unattached	9.77q	9.12	75.95%

Event 7 Women 60 Meter Dash

Name	Age Team	Finals	Age-Grading	Points
Finals				
1 woodward, marie	W33 Atlanta Track Club	7.92	7.93	87.37%
2 Taylor, Latiffia	W30 Unattached	8.24	8.25	83.98%
3 Murphy, Toccata	W43 Carolinas Tr	8.29	7.74	89.51%
4 Woodward, Loretta	W58 Atlanta Track Club	8.92	7.13	97.09%
5 Richardson, Regina	W48 Atlanta Track Club	9.23	8.16	84.83%
6 Robinson, Monica	W43 Unattached	9.77	9.12	75.95%

Event 8 Men 60 Meter Dash

Name	Age Team	Prelims	Age-Grading	H#
Preliminaries				
1 glenn, jamar	M32 Unattached	7.15q	7.16	89.37% 1
2 Ross, Carlos	M32 Unattached	7.39q	7.40	86.47% 2
3 johnson sr, corey	M40 Unattached	7.64q	7.28	87.83% 1
4 Rainwater, Marvin	M42 Unattached	7.66q	7.19	88.90% 2
5 Padgett, Calvin	M44 Unattached	7.88q	7.29	87.82% 3
6 Jenkins, Gaither	M44 Jdl Fast Tra	8.06q	7.45	85.86% 3
7 Wisner, Derrick	M31 Carolinas Tr	8.06q	8.07	79.28% 1
8 johnson, michael	M46 Atlanta Track Club	8.12q	7.40	86.45% 2
9 McDonnough, Kaesner	M56 Unattached	8.19q	6.96	91.94% 3
10 Paige, Russell	M43 Unattached	8.40q	7.82	81.79% 2
11 janusey, michael	M55 Unattached	8.48q	7.25	88.21% 3

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....Event 8 Men 60 Meter Dash

12 Phillips, Charles	M58 Unattached	8.62q	7.22	88.52%	1
13 Harris, Jack	M53 Unattached	8.71q	7.55	84.62%	1
14 Shannon, David	M55 Jdl Fast Tra	9.00q	7.69	83.11%	2
15 hall, samuel	M67 Unattached	9.01q	7.12	89.79%	1
16 Swann, Randy	M73 piedmont pacers	10.29q	7.81	81.83%	3

Event 8 Men 60 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
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Finals

1 McDonnough, Kaesner	M56 Unattached	8.26	7.02	91.16%	2
2 johnson sr, corey	M40 Unattached	7.54	7.18	88.99%	1
3 janusey, michael	M55 Unattached	8.42	7.20	88.84%	2
4 Rainwater, Marvin	M42 Unattached	7.69	7.22	88.56%	1
5 glenn, jamar	M32 Unattached	7.28	7.29	87.77%	1
5 johnson, michael	M46 Atlanta Track Club	8.00	7.29	87.75%	2
5 Phillips, Charles	M58 Unattached	8.70	7.29	87.70%	2
8 Padgett, Calvin	M44 Unattached	7.92	7.32	87.37%	1
9 Ross, Carlos	M32 Unattached	7.37	7.38	86.70%	1
10 Jenkins, Gaither	M44 Jdl Fast Tra	8.02	7.41	86.28%	1
11 Paige, Russell	M43 Unattached	8.42	7.84	81.59%	1
12 Swann, Randy	M73 piedmont pacers	10.54	8.00	79.89%	2
13 Wiser, Derrick	M31 Carolinas Tr	10.84	10.85	58.95%	1

Event 9 Women 4x200 Meter Relay

Team	Finals	Points
1 Carolinas Track and Field 'A'	1:56.38	
1) Kazebee, Chris 46		
2) Walker, Melanie 43		
3) Roux, Maryline 46		
4) Murphy, Toccata 43		

Event 12 Mixed 1 Mile Run

Name	Age Team	Finals	Age-Grading	Points
1 Cook, Dixon	M65 piedmont pacers	5:51.57	4:30.40	82.33%
2 richards, mary	W58 Atlanta Track Club	6:14.65	4:43.24	88.83%
3 Gibbs, Bill	M53 Unattached	5:34.16	4:45.24	78.04%
4 Smith, Jay	M63 Carolina God	6:07.93	4:48.17	77.25%
5 Tillery, JB	M62 Unattached	6:28.51	5:07.01	72.51%
6 Springer, Deborah	W39 Unattached	6:21.98	6:05.06	68.92%

Event 14 Mixed 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Shute, Marcus W.	M50 Southwest Sprinters	56.41	49.18	87.80%	1
2 Padgett, Calvin	M44 Unattached	1:02.39	56.71	76.15%	1
3 johnson sr, corey	M40 Unattached	1:02.42	58.37	73.98%	3
4 Kayes, Mike	M53 Unattached	1:02.90	53.77	80.32%	3
5 McDonnough, Kaesner	M56 Unattached	1:06.12	55.41	77.93%	3
6 Swann, Randy	M73 piedmont pacers	1:17.74	53.75	80.34%	3

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Event 15 Women 800 Meter Run

Name	Age Team	Finals	Age-Grading Points
1 Roux, Maryline	W46 Athena	2:39.76	2:27.40 76.85%
2 Kazebee, Kris	W46 Carolinas Tr	2:42.32	2:29.76 75.64%
3 richards, mary	W58 Atlanta Track Club	2:57.17	2:21.81 79.88%
4 Wilton, Lane	W47 Unattached	2:58.64	2:43.44 69.31%

Event 16 Men 800 Meter Run

Name	Age Team	Finals	Age-Grading Points
1 Stone, Eddie	M55 A C Striders	2:26.09	2:01.79 83.02%
2 Cousar, Rob	M49 Carolinas Tr	2:28.20	2:09.99 77.79%
3 Jackson, Rob	M62 Carolinas tr	2:30.70	1:58.86 85.07%
4 Casey, Patrick	M57 Unattached	2:38.10	2:09.73 77.94%
5 Cook, Dixon	M65 piedmont pacers	2:40.67	2:03.80 81.68%
6 Smith, Jay	M63 Carolina God	2:45.61	2:09.61 78.01%
7 Tillery, JB	M62 Unattached	3:04.40	2:25.44 69.52%
8 Braschwitz, Eric	M55 Southeastern	3:57.52	3:18.00 51.07%

Event 17 Women 200 Meter Dash

Name	Age Team	Finals	Age-Grading Points
1 Murphy, Toccata	W43 Carolinas Tr	28.09	25.57 83.48%
2 Woodward, Loretta	W58 Atlanta Track Club	30.54	23.52 90.73%
3 Robinson, Monica	W43 Unattached	34.45	31.35 68.07%
4 Chamel, Piper	W56 Jdl Fast Tra	38.35	30.14 70.80%

Event 18 Men 200 Meter Dash

Name	Age Team	Finals	Age-Grading H#	Points
1 glenn, jamar	M32 Unattached	22.86	22.59	85.56% 1
2 Ross, Carlos	M32 Unattached	24.24	23.95	80.69% 1
3 Shute, Marcus W.	M50 Southwest Sprinters	25.51	21.99	87.89% 1
4 johnson sr, corey	M40 Unattached	25.90	24.02	80.42% 2
5 Padgett, Calvin	M44 Unattached	27.42	24.69	78.26% 2
6 McDonnough, Kaesner	M56 Unattached	27.92	23.09	83.67% 3
7 hall, samuel	M67 Unattached	29.88	22.93	84.30% 3
8 Swann, Randy	M73 piedmont pacers	34.25	24.49	78.89% 3

Event 24 Men Shot Put

Name	Age Team	Finals	Age-Grading Points
1 Ruebel, Noel	M56 Unattached	12.25m 40-02.25	15.95m 69.01%
2 janusey, michael	M55 Unattached	11.32m 37-01.75	14.41m 62.37%
3 Valle, Mike	M72 Unattached	11.07m 36-04.00	15.23m 65.89%
4 Cockerham, Chris	M38 Unattached	10.65m 34-11.25	10.82m 46.81%
5 Senay, David	M42 Carolinas Tr	10.60m 34-09.50	11.23m 48.60%
6 Russ, Jim	M56 Unattached	10.31m 33-10.00	13.42m 58.08%
7 Flynt, Rodney	M46 Unattached	10.30m 33-09.50	11.70m 50.61%
8 Kayes, Mike	M53 Unattached	10.10m 33-01.75	12.31m 53.30%
9 Gramley, Bill	M77 Unattached	9.02m 29-07.25	14.46m 62.60%

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....Event 24 Men Shot Put

10 Hesprich, Don	M56 Unattached	8.50m	27-10.75	11.07m	47.89%
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Event 26 Men Weight Throw

Name	Age Team	Finals	Age-Grading Points
1 Valle, Mike	M72 Unattached	14.88m 48-10.00	20.24m 78.27%
2 Senay, David	M42 Carolinas Tr	13.58m 44-06.75	15.27m 59.07%
3 Clayton, Lemuel	M66 Carolina Tra	12.42m 40-09.00	16.01m 61.91%
4 Gramley, Bill	M77 Unattached	12.33m 40-05.50	19.23m 74.37%
5 Cockerham, Chris	M38 Unattached	10.21m 33-06.00	10.87m 42.07%

Event 28 Men Pole Vault

Name	Age Team	Finals	Age-Grading Points
1 Hicks, Bradley	M37 Unattached	4.25m 13-11.25	4.52m 73.66%
2 Halverson, Bill	M55 Unattached	4.10m 13-05.25	5.58m 90.91%
3 Ransbury, Terry	M51 Hpc Elite	3.50m 11-05.75	4.48m 73.07%
3 Tsang, Jeff	M39 Unattached	3.50m 11-05.75	3.81m 62.17%
5 Russ, Jim	M56 Unattached	3.35m 10-11.75	4.63m 75.45%
6 Ruebel, Noel	M56 Unattached	3.20m 10-06.00	4.43m 72.07%
7 janusey, michael	M55 Unattached	3.05m 10-00.00	4.15m 67.63%
8 Kayes, Mike	M53 Unattached	2.90m 9-06.25	3.83m 62.37%

Event 29 Women High Jump

Name	Age Team	Finals	Age-Grading Points
1 Lowery, Linda	W61 Atlanta Track Club	1.15m 3-09.25	1.66m 79.86%

Event 30 Men High Jump

Name	Age Team	Finals	Age-Grading Points
1 williamson, mark	M55 Unattached	1.80m 5-10.75	2.33m 95.24%
2 Ruebel, Noel	M56 Unattached	1.65m 5-05.00	2.16m 88.24%
3 Kayes, Mike	M53 Unattached	1.25m 4-01.25	1.58m 64.43%
4 Valle, Mike	M72 Unattached	1.10m 3-07.25	1.76m 71.90%

Event 31 Women Long Jump

Name	Age Team	Finals	Age-Grading Points
1 Richardson, Regina	W48 Atlanta Track Club	4.62m 15-02.00	5.64m 75.12%
2 Lowery, Linda	W61 Atlanta Track Club	3.74m 12-03.25	5.54m 73.77%

Event 32 Men Long Jump

Name	Age Team	Finals	Age-Grading Points
1 Kayes, Mike	M53 Unattached	5.26m 17-03.25	6.86m 76.68%
2 janusey, michael	M55 Unattached	5.00m 16-05.00	6.70m 74.96%
3 Russ, Jim	M56 Unattached	4.66m 15-03.50	6.33m 70.82%
3 Harris, Jack	M53 Unattached	4.66m 15-03.50	6.08m 67.93%

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....Event 32 Men Long Jump

5 Amuwo, Jamiyu	M64 Unattached	3.99m	13-01.25	6.11m	68.32%
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Event 33 Women Triple Jump

Name	Age Team	Finals	Age-Grading Points
1 Richardson, Regina	W48 Atlanta Track Club	9.90m	32-05.75 12.45m 80.36%
2 Lowery, Linda	W61 Atlanta Track Club	8.48m	27-10.00 12.92m 83.38%

Event 34 Men Triple Jump

Name	Age Team	Finals	Age-Grading Points
1 Amuwo, Jamiyu	M64 Unattached	8.47m	27-09.50 12.64m 69.14%

Event 35 Men Super Weight

Name	Age Team	Prelims	Age-Grading
Preliminaries			
1 Valle, Mike	M72 Unattached	7.52mq	24-08.25
2 Gramley, Bill	M77 Unattached	6.13mq	20-01.50

Event 35 Men Super Weight

Name	Age Team	Finals	Age-Grading Points
Finals			
1 Valle, Mike	M72 Unattached	7.52m	24-08.25
2 Gramley, Bill	M77 Unattached	6.13m	20-01.50